

# Tostock Chronicle



339

www.tostock.suffolk.cloud

February—March 2017



#### **NEW FOR THIS NEW YEAR!**

New outdoor table tennis table (soon to be installed)

New Look interior for our local pub (soon to be completed)

New Tostock People Page (info, stories, ditties, queries, tips, giveaways, swapsies etc.)

#### **Contacts in our Community**

#### **Tostock Parish Councillors**

TOOLOOK T WITE	on oou	<u> </u>		
Chair: Ron Perk	-	SALC	ron.perks@outlook.com	01359 270394
Clerk: Marilyn Be Vice Chair: Julia	n Kersley	SALC	marilyn.bottomley@btinternet.com Juliankearsley@btinternet.com	01284 789303
Bruce Alexander David Blundell Christine Debenham Sarah Mansell Jean Le Fleming		Diaming	bruce.tostock@gmail.com	01359 271944 01359 270839
		Planning Planning	tostock.design@btinternet.com cdebenham2@yahoo.com	01359 270039
		, idining	sarah.mansel@midsuffolk.gov.uk	01359 245247
		Trees	jlf244@btinternet.com	
2	PAGE	Footpath Officer		
Useful Numbers	2 ■	Ed Wadsworth		01359 270273
Userui Numbers	∠ ■ ■	<u>Litter Picker</u>		
		Pat Wadsworth		01359 270273
1	-	Suffolk County Council		0.4050 0.40555
Reports:	_	Jane Storey	<u>Jane Storey@suffolk.gov.uk</u>	01359 240555
Parish Council	3 - 4	District County Council		04050 044055
County Council	5 ■	Sarah Mansel	sarah.mansel@midsuffolk.gov.uk	01359 241857
District Council	6-7	John Levantis	johnalevantis@gmail.com	07969 273839
1	-	St Andrews Church		0.4050.005005
Villago Hall	■ 8 ■	Rector: Katherine Valentine	katherine@kavalentine.plus.com	01359 235095
Village Hall 8 ■		Friends/Warden: Jeanne O'Re	01359 270337	

**Church News** Bell Ringers: Sue Marriott Poor's Estate: Sharon Markell Village Hall

> Chair: Alan Jones Hall Bookings: Doreen Buckle tostocktvh@hotmail.co.uk

Past & Present: Sarah Scully 01359 270482 Tennis Club: Paul Haywood 01359 271652 Book Club: Julie Harrison 01359 270247 Carpet Bowls: Doreen Buckle 01359 270605 Toddlers: Julie Harrison 01359 270247

19 Pub

16-18 ■

20 - 21

22-26

Gardner's Arms: Steve & Jill Gardner 01359 270460

Media

Tostock Chronicle: Jean Wheeler 01359 270278 Shirley Nice shirley.nice@btinternet.com 01359 271727

Web Site: Julie Harrison 01359 270247

\*Anyone wishing to add their email ,please get in touch

**Services Bus Timetable** 

Police/Fire/Ambulance 999 Emergency

■ Dates for Diary

Events:

(people pages)

Coming up

Country life

local Ads

**Notices** 

Update/Features 12-15

Back Page

Health

Woolpit Health Centre 01359 240298

Out of hours GP 111 West Suffolk Hospital 01284 713000 Non-emergency Travel

**Police** 

Bus: www..travel-galloway.com

01449 766323

101

01359 270143

01359 271190

01359 272633

01359 270605

# Notes from the Tostock Parish Council Meeting on Wednesday 14th December 2016

PRESENT: Cllrs. R Perks (chairman) D. Blundell, J. Kearsley, R. Phipps, B. Alexander,

District Cllr. S. Mansell, County Cllr. J. Storey, Mrs M. Bottomley (clerk)

9 members of the Public.

**APOLOGIES:** Cllrs. J. Le Fleming and C. Debenham

There were reports from County Councillor and District Councillors.

Village Hall: no report

**FINANCE:** a) Banking on line: on going.

b) Signatories: on going.

c) It was agreed that in the Public Participation the Public would be allotted three minutes per person, this would be at Chairman's discretion, and the fifteen minutes would be removed. These proposals were adopted,

d) Risk assessments: on going.

e) Cheques: 6 presented.

g) Precept: Decided

#### PLANNING APPLICATIONS:

**4672/16** 6 New Road: Erection of two storey dwelling.

PC comment: Object. No issue with the principle development, but where the proposed development is sited.

#### **VILLAGE MATTERS:**

- a) Signs On The Green on going.
- b) The Leys Working Party updated in the chronicle, a further quote to be obtained.
- c) Overgrown Trees in Church Road Woodland Trust have stated that no action is required at this stage.
- d) Bus Shelter Roof and Bench at Village Hall being repaired.
- e) Gateway Signage updated in the chronicle, waiting a revised quote from highways due to some changes
- f) The Chronicle— it was agreed to add to the agenda at the end of meetings to add inclusions if necessary.

#### **ACV Status for Public House**

D Cllr Mrs Mansel advised the meeting that registering would allow the parish council a six month delay in which to seek alternative options prior to the owner selling the property. It was proposed to apply for ACV status for the public house. D Cllr Mrs Mansel is to liase with MSDC on the matter.

#### **Correspondence:**

Resignation of councillor—Mr Ron Phipps has resigned due to moving away.

The Croft—Easement matter: The solicitor advised the council that as long as the matter remained the same there were no issues.

Next Meeting is to be held on

#### Wednesday 25th January 2017

At 7.30 in the Village Hall

Please note: these are just notes from the meeting, full official minutes are available for viewing on the village website and Parish Council Notice board

#### Thedwastre North – January 2017

#### Cabinet Meeting 24th January

There are a number of items on the agenda for the cabinet meeting, some may be of more interest than others:-

Closure of Mill Meadow Pupil Referral Unit (PRU) – Cabinet is asked to approve a recommendation to close Mill Meadow Pupil Referral Unit which has been judged by Ofsted to be in Special Measures. The cost of the refurbishing the present accommodation does not represent good value and the LA's preferred course of action is to close the provision and transfer pupils to other high quality settings as soon as possible. An alternative sponsor has not come forward. If the PRU is closed, it would enable pupils to be educated in stable, sustainable, and appropriate settings; and enable pupils to be supported by experienced staff with appropriate resources.

Admission Arrangements for the 2018/2019 School Year - All admission authorities must agree admission arrangements every year, even if they have not changed from previous years, by 28th February in the determination year, i.e. by 28th February 2017, for the admission arrangements in the 2018/2019 school year. Cabinet will be asked to approve the County Council's proposed oversubscription criteria and published admissions numbers for maintained community and voluntary controlled schools as well as the co-ordinated admissions scheme.

Resources Budget 2017 – 18 and Medium Term Financial Plan - This report will summarise the Council's Revenue and Capital Budgets for 2017-18 and will outline the background, financial environment, scrutiny and consultation arrangements. It will detail the savings proposals being recommended together with the Council's Treasury Management arrangements and Prudential Indicators. It will make recommendations to Council on the budget requirement and council tax for 2017-18 together with the Capital Programme, its financing and prudential indicators. The figures have already been published as part of the Scrutiny Committee meeting held on 30<sup>th</sup> November.

RAF Mildenhall Vision and Prospectus – Cabinet will be asked to consider the Vision and Prospectus for working with Government to secure a positive legacy for RAF Mildenhall and surrounding towns and Villages. There has been wide consultation over a vision and prospectus during Autumn 2016 and the final document has been revised to reflect the consultation response. At the Forest Heath District Council Extraordinary meeting on 22 November 2016 it was agreed that the prospectus will be submitted to Government. Suffolk County Council signed up to the content of the Vision and Prospectus Report.

#### Cabinet Meeting 31st January

Cabinet meeting to consider Suffolk County Councils response to EDF Energy's Stage 2 consultation for Sizewell C. There have been numerous briefings over the last couple of months and I am attending a briefing on Thursday 11<sup>th</sup> January. Many people in Suffolk see this as an opportunity for economic growth but this has to be weighed up against the potentially detrimental effect on local wildlife and the local infrastructure. The final paper will outline these considerations.

#### **Devolution Deal**

This is a moving feast – no longer on the table in its original form but negotiations are ongoing to get a deal for Suffolk.

All committee papers are published on-line <a href="www.suffolk.gov.uk">www.suffolk.gov.uk</a> 09.01.2017

# District Councillor Report Tostock Parish Council

Prepared by District Cllr John Levantis 20<sup>th</sup> January 2017

#### **Asylum Seeker Dispersal**

There are number of government schemes for dispersal of refugees and asylum seekers throughout the country.

Suffolk Public Sector Leaders having already offered to accept up to 200 Syrian refugees over 5 years in the greater Ipswich area have now offered to increase this by an additional 30 from the Vulnerable Children's resettlement scheme.

So far 42 families have settled here in privately owned properties leased by Anglia Care Trust for this purpose.

#### Dispersal areas

Ipswich has been a dispersal area for asylum seekers for some years and can take up to 150 asylum seekers who can be housed whilst their claims to be assessed.

Unlike the Syrian resettlement scheme the government can mandate new dispersal areas and Suffolk's approach has been to consider where in the county would be most appropriate.

In response to the government's request for additional dispersal areas, Felixstowe and Woodbridge are being offered as the preferred locations as they have the relevant facilities such as availability and affordability of housing, health and education provision, support services and transport links.

#### **Sheltered Housing Review**

#### (As reported)

Following consultations with residents the final report for the future of the Sheltered Housing Service was considered and approved by the Executive Committee at its meeting on the 5<sup>th</sup> December 2016. The four main effects being:

- 1. De-sheltered schemes have their existing warden alarms replaced with with new hard wired smoke alarms
- The Croft in Tostock be retained as sheltered housing. If when future vacancies arise it proves difficult to Let (after four advertisement cycles) the `Council will advertise that and any future vacancies as general needs.
- 3. A report setting out the business case for a Community Visiting Service will be considered a later date by the Council.
- 4. Officers will continue to collaborate with Adult Care Services to form a vision of future housing for older people.

#### Mid Suffolk Adopts Cabinet-Leader Model

The Council intends to change its governance arrangements to be effective from the May 2017 Annual Council meeting by adopting a Leader-Cabinet Model.

The main features of the change will be to move from a Committee system to a system involving some decision-making powers being vested in up to a maximum of ten Councilors who form a Cabinet.

The Council will continue to operate a Scrutiny Committee which can call in any decision for further discussion by an Overview and Scrutiny Committee before the decision can be implemented. This will provide a check and balance to the Cabinet decision-making process.

Continued

All the existing regulatory Committees (such as Planning, Licensing and Audit) will still continue to operate as they do now.

The change should ensure greater levels of openness, transparency and collaboration by having in-

accountability to residents and a much stronger Scrutiny Committee. It should also mean more efficient and agile decision making.

Requests for further details of the change can be obtained in writing from the Chief Executive's office at Babergh District Council, Corks Lane, Hadleigh, IP7 6SJ.

#### Mid Suffolk Upgraded Gym

The gym at Mid Suffolk Leisure Centre has recently received a £100,000 upgrade investment from the Council and opened its doors to the public for a day of free fitness fun on Saturday 14<sup>th</sup> January.

The updated gym features new state-of-the-art cardio vascular apparatus from equipment designer Technogym, as well as aesthetic improvements to the gym and changing area.

The updated gym features new state-of-the-art cardio vascular apparatus from equipment designer Technogym, as well as aesthetic improvements to the gym and changing area.

Encouraging our residents to live healthier lifestyles is one of Mid Suffolk's key priorities, which is why the decision to invest £100,000 in refurbishing the fitness suite.

For a full timetable of activities and to book a place on any of the free sessions, call Mid Suffolk Leisure Centre on 01449 674980 or visit <a href="https://www.everyoneactive.com">www.everyoneactive.com</a>

#### **Portfolio Holder for Housing Delivery**

Councillor for Elmswell and Norton

Tel: 01359 240708

John Levantis 20.01.17 Jan17Norton

## Tostock Village Hall News



## January/February 2017

The last meeting of the Village Hall Committee took place on 12th January 2017. At our meeting, a number of general maintenance issues were discussed in addition to some possible fundraising and funding applications for equipment to further improve the facilities offered within the Hall and its playing fields.



<u>NEW:</u> Get your bats ready, as the new **outside Table Tennis Table** will shortly be installed on the village hall playing field.

Planning permission has now been granted for the table to be installed in the area next to the Basketball Court. This allows the final funding to be accessed and the table will hopefully be in place in the coming months!



TOSTOCK CASINO NIGHT, SAT, 4<sup>th</sup> MARCH – FUN NIGHT, with FUNNY MONEY!

Back by popular demand - tickets available from Sam Guirguis (01359 271969) or Hannah Jones (272633). See separate notice in the chronicle for further details.



NEW MEMBERS TO THE COMMITTEE ALWAYS WEL-COME!

Our Annual General Meeting will take place on Thursday, 20<sup>th</sup> April at 7pm in the Committee Room at the Village Hall.

All welcome - if you use the hall or its facilities, please come and join us and help provide fresh ideas on how to raise funds and improve our facilities.





#### St Andrew's Church Tostock

(Benefice of Pakenham, Norton & Tostock with Great Ashfield, Hunston & Stowlangtoft)

Priest-in-Charge Revd Katherine Valentine Tel 01359 235095

Email: katherine@kavalentine.plus.com

#### **SERVICES FEBRUARY - MARCH 2017**

Our beautiful and ancient church is open daily for visitors and private prayer.

#### **FEBRUARY**

5th 9.30am Holy Communion

19th 1 1am Morning Prayer

26th 11am Family Service with Baptism

#### **MARCH**

1st ASH WEDNESDAY 10am Holy Communion at Norton

7.3 0pm Holy Communion with Imposition of Ashes at Pakenham

5th9.30am Holy Communion19th11am Morning Prayer

26th MOTHERING SUNDAY 11am MOTHERING SUNDAY Family Service with posies for all

mothers & grandmothers - bring all the family!

#### **Countryside Church at The Croft**

Mondays 20th February & 20th March - 10am.

An informal service of prayer and praise for everyone, held at The Croft.

Come and sing your favourite hymns, chat with friends, and enjoy the refreshments.

#### Women's World Day of Prayer Friday March 3rd.

#### United Service in Norton Baptist Church 2.30pm.

This is an annual day of prayer initiated by women all over the world, but for everyone! This year our prayers have been prepared by the women of the church in the Philippines. Refreshments. All welcome.

Tearfund's Church partner in Chad is responding to Jesus' call to feed the hungry by providing essential food and teaching the community ways of coping with drought.

This Lent will you help share the light and hope of Jesus by raising funds so that Tearfund can help families like this one in Chad and in other drought-ridden countries take control of their lives again."

Tearfund collection boxes are available in all of our churches for people to use at home throughout Lent. As you put a little money in each day please remember to hold the people of Chad in your prayers. Please return the boxes to church by Easter Day. If you would like to find out more about the work of Tearfund in Chad then visit the Tearfund website <a href="www.tearfund.org">www.tearfund.org</a> and read "Meet Yasmin". Thank you. Katherine.

## <u>'Risen'</u> starring Joseph Fiennes,

#### Witness the manhunt that changed the course of human history.

Risen is the epic Biblical story of the Resurrection seen through the eyes of a non-believer. Clavius, a powerful Roman military tribune, and his aide Lucius, are tasked with solving the mystery of what happened to Jesus in the weeks following the crucifixion, in order to disprove the rumours of a risen Messiah and prevent an uprising in Jerusalem.

Wednesdays in Lent (8th March-5th April) at 7.30pm in The Martin Room at St Mary's Pakenham.

All welcome.

#### **BENEFICE LENT APPEAL 2017 FOR TEARFUND**

As a response to the visit of Tearfund representative Val Dufour to our Benefice Service in January we are focussing our prayers and giving this Lent on the desperate situation in Chad as in the information from Tearfund below.

#### "FILL THEIR BASKETS

However hard Jumana, a mother in Chad, works at weaving mats and baskets from rushes she can never make enough money to feed her children.

Previously she fed her family by farming the land. But drought has killed the crops in the fields. The family's food did not grow. And with no crops to eat or sell Jumana has taken to weaving. The problem is it takes 5 days to weave a basket which will only earn enough for two family meals.

## St Andrew's Church News



Our Christmas celebrations were well-attended and up-lifting, beginning with the Carols with the Salvation Army, On December 15<sup>th</sup>. We all enjoyed singing the well-known carols, followed by refreshments and chat. The evening was arranged by Gail Moyle, and just under £200 was collected and divided between the Salvation Army and The Hospice.

Thanks to Gail and everyone who helped to make the evening such a success.

The December Coffee Morning was a special event to raise money for the children of Syria. It was very encouraging to see so many people, and we had a most enjoyable morning, which raised an amazing total of £265 : 75p.

Thanks to everyone for their generosity and kindness.

The Church was beautifully decorated for the Carol Service , thanks to Julie and her "team" of helpers . The service was taken by Mrs. Jay Price, whose story of Don Pedro the donkey kept adults and children enthralled . Gifts for the mothers and children at the Bury Refuge were received by Jay and Annie , the Refuge Manager. Once again, people were so very generous -thank you all !

The Crib Service was full of very excited children on Christmas Eve, and included a number of adults who also enjoyed the occasion. Mary, Joseph and the donkey arrived after their travels around Tostock, having been well- cared for, and took their places in the Crib.

The PCC meets on February 7<sup>th</sup> at 7:30 pm . at Pakenham Church .

Floodlights for February are sponsored by the Seeley Family to celebrate Bethany 's 18<sup>th</sup> Birthday on February 17<sup>th</sup>.

Jeanne O'Reilly.

## Tostock People Pages

These pages are for you!

## Tostock People Pages

	you and/or the village		bbiog oto
now you came to live ne	re, how long, changes you	nave seen, iiretime job/no	obbies etc.,
info			
st	ories	poems	
	ditties		jokes
			,
	i.a		
qı	ieries		
		tips	
	giveaways		
Photogra	ohs		
- ·			
		swapsies et	tc.;

Please make our newsletter more interesting by joining in with your input







# <u>Vietnam to Cambodia Cycle Challenge</u> <u>Women V Cancer November 2016</u> Breast Cancer Care, Jo's Cervical Cancer Trust and Ovarian Cancer Action

I would like to thank all my friends and family who kindly donated to the Vietnam to Cambodia Women V Cancer Cycle Challenge. Without your support I would not have been able to achieve such an amazing challenge.

I left England Saturday 12<sup>th</sup> November and arrived in Vietnam's Ho Chi Minh City. We, 103 ladies, were fitted for our cycles and briefed ready for our first day. Day 1 was so very hard as we were all tired and dehydrated from our flight, the

temperature was a shock to the system and I became quite ill halfway through the first day, I needed to hydrate and replace my salts and sugars quickly. Fortunately, I was able to carry on after drinking enough to replace what was needed.

The sites I saw were incredible and beautiful but such poverty and the Vietnamese people so happy, waving and calling to us every time we rode through their villages.

Day 2 was a very long day, 110 km, I had to dig deep.

Day 3 brought more adventures, still more beautiful countyside and eye opening sites of how the Vietnamese live but near the end of day 3 I had an accident. We were on a very busy road, scooters, lorries and buses all fought for space. A bus coming from behind us thought he could get through, he couldn't! He swung into the side of the road but I was between him and the kerb. Consequently, I was pushed off my bike, if I hadn't pushed myself off the side of the bus I would have gone underneath the back wheels. A nasty experience and I have the scars to tell my tale.

Day 4 was a river trip up the Mekong River crossing into Cambodia. We had to leave our bikes in Vietnam and have different bikes as they were not allowed across the border. With my injuries I was glad of a day off the bike as I wasn't sure if I would be well enough to carry on but the trip wasn't easy, a small ferry with cramped seats and no room to move about. The views from the river were quite something, I always like train journeys as you get to see parts of the country that are off the beaten track, this was similar.

Day 5 and I was cycling, tentatively at first but I was back in the saddle though my dressings needed to be changed regularly. Another hard day. Cambodia is quite different to Vietrnam, more poverty and the population low but still an amazing country. We had to stay on the main roads as the government does not allow you to use the smaller roads due to landmines left from the war and not wanting tourists to see the real poverty.

Day 6 was another long day, 115 km and the temperature was not letting up, we were told with the humidity the air was akin to 44 degrees! It felt like it each and every pedal I took. The roads were long and straight and mostly not maintained. Day 7. Our last day. Our emotions were high, elated and exhausted we rode into Angkor Wat, a moment I will never forget.

An amazing £5,150 has been donated by you all and I have been promised more. We had a wonderful event in May with a Caterpillar working weekend in the pit, my daughter Kat having a coffee morning and my 'big' birthday donations instead of presents. A huge thank you. x

If you would like to donate please visit 'Just Giving' online and key in my name 'Bee Bauly', thank you.

Bee Bauly.

#### **UPDATE**



#### Coffee Morning in aid of Syrian Children

The December Coffee Morning was a special event to raise money for the children of Syria.

It was very encouraging to see so many people, and we had a most enjoyable morning, which raised an amazing total of £265:75p.

Thanks to everyone for their generosity and kindness.

\*

#### SUFFOLK LOCAL HISORY COUNCIL

The aim of this Society is to record various changes that have taken place in a village and any evens of importance.

Most villages have an appointed Recorder who submits an Annual Report to the secretary.

These reports are then placed in the Suffolk office for anyone wishing to do any research in the future.

Jean Wheeler and Reta Stevens have been recorders for Tostock for many years.

If you would like any further information or possibly add some information please contact:

Jean or Reta on 270278

\*

There is still time to donate or give suggestions for the memorial of

#### DR SHEENA WAITKINS.

Please (anonymously if desired) post in Green letter Box at The Old Post Office, The Green, Tostock.

Or contact: (Jean & Reta)270278 or (Shirley Nice) 271727

<sup>\*</sup>Just a reminder to all that are interested.



## **Tostock Past and Present - Winter Newsletter 2017**

The Committee would like to wish all members and friends a very happy New Year. We have put together a varied programme for 2017 and this is set out below.

We hope to see many of you at these events. The annual membership fee for 2017 will remain at £12 and non-members are very welcome at £3 per meeting.

Our new year commences on Tuesday Feb 7th at 7.30pm, with our AGM followed by a talk by Dr Helen Geake on 'Archaeology found by the Public' including local finds from Suffolk.

Our June meeting this year will take place at the Mildenhall Museum. Their exhibits include the Lakenheath Warrior, his horse and artefacts from the grave, the mystery of the magnificent Mildenhall Treasure, and the key role Mildenhall's air base played in the Second World War.

Later in the year we also hope to arrange another visit to a historic house in Suffolk.

#### Our First 3 Meetings in 2017 are as follows;

February 7th- AGM + Dr Helen Geake Archaeology found by the public: local finds from Suffolk

Dr Helen Geake is an archaeologist who was one of the key members of Channel 4's popular and long-running archaeology series 'Time Team'.

#### March 7th – Alison Brain Funding and Supporting a Ugandan Orphanage

Alison Brain is a Paediatric nurse at West Suffolk Hospital, who has also spent the last nine years visiting, fundraising and supporting an orphanage in a far off land. One of her many fundraising efforts is following the Kampalan women's example of making and selling beautiful beads.

#### April 4th- Mike Levy From Hitler to Hi di Hi (Rescuing Jewish Children)

From December 1938 to March 1939, the Warner's Holiday Camp near Harwich became temporary home for hundreds of child refugees - mostly Jewish boys and girls fleeing from Nazi persecution. They came without their parents, most of whom they would never see again. Mike Levy has done original research on the fascinating story of the camp, its children and those who looked after them.

#### Programme for the rest of 2017

May 2nd- Georgette Vale - Julian of Norwich & Margery Kempe; 2 Norfolk Medieval Mystics June 6th- Visit to Mildenhall Museum September 5th- Peter Driver - Suffolk Men at Watereloo

October 3rd- Donald Hill - Caister Lifeboatmen Never Turn Back November 7th- Stephen Cook - The History of the Printed Book

Saturday December 2<sup>nd</sup>- Mark Mitchels - **A Christmas Miscellany: A celebration of the festive season** 

#### All our regular meetings are in Tostock Village Hall and commence at 7.30pm on the first Tuesday of each month

Please contact me if you require any further information. Anthony Scully (Chairman) Tel 01359 270482 email <a href="mailto:a.rod.scully@gmail.com">a.rod.scully@gmail.com</a>

## **TOSTOCK VILLAGE HALL**

# Saturday, 4th March

7.15pm for a 7.30pm start







A £10 ticket buys you



a great fun evening, Supper & £750 in funny money to spend on the night

Tickets (over 16 years only) from Sam Guirguis (01359) 270339 or Hannah Jones 272633.



**Sponsored by Tostock Village Hall Committee** 





#### **Tostock Bookgroup**

The books for 2017 have been chosen, and an outline programme for the year created.

Our February meeting will discuss books drawn from a lucky dip at the January meeting. *Jo John* has offered to be our hostess on *February 22<sup>nd</sup> at 8pm*.

On the **22nd March** we meet at **Gail Moyle's Romney Cottage**, and the book to read will be **Mr Mac and Me** by Esther Freud. There should be plenty of library copies of this title which should be available to borrow at the previous meeting, or from Julie Harrison.

Contact Julie Harrison on 270247

or email harrisoj69@hotmail.com



It's that time of year again!

#### **TOADS ON ROADS**



What does toad patrolling involve?

How do I Patrol a crossing?

If the road is not too dangerous a Patrol may be possible. Your safety is the primary concern, if the road is busy or has poor visibility, do not attempt to rescue any toads. If you do plan to patrol then <u>always wear reflective clothing, carry a torch and make sure someone knows where you are</u>. Patrolling itself is quite simple - it's just a case of collecting the toads from one side of the road and transporting them to the other side in a bucket. *Toads tend to start moving around dusk* and will continue into the night, depending on how cold it gets; you only really need to patrol during the first part of the evening when there is a high likelihood of them encountering traffic. When do I Patrol

Toads can emerge from hibernation any time from January onwards, depending on local weather conditions; they tend to emerge alittle later than frogs. Amphibian movements are very dependent on weather so it's crucial to check local forecasts; key signs to look out for are: first mild temperatures (>5·C, together with rain. When these conditions have been identified it's a good idea to start monitoring the site - if you can, check the site every evening or at least during/after appropriate patches of weather. It may be easiest to have one person coordinating who can draw up a rota so not all volunteers are out all the time; if a Patroller discovers a particularly busy crossing one night they can then call on reinforcements.

#### Why should I record Data

We ask Toad Patrollers to record the numbers of toads and other amphibians they help across the road, and how many they see killed. This data feeds into national monitoring projects and helps us determine how the UK's toad population is faring as a whole. The data can give a good idea of how successfully Patrols are helping local populations. This data does not always provide an accurate view - there can be various other influences on toad numbers such as the weather causing them to move later at night when they're not seen or more volunteers available so more are recorded - but it's certainly a good starting point. In 2012 over 62,000 toads were helped across the UK's roads.

For more information please go to: www.froglife.org

Anyone interested in helping the toads cross the road and would like to be notified when migration begins please contact:

01359 271727 or shirley.nice@btinternet.com Our registered sites are: ID 184 - from the surrounding fields across to the pond on The Leys

ID 570 - from fields behind Strawberry Cottage area across to Pineaces (pond behind hedge)



## **Parish Councillor Vacancy**

The Parish Council has one vacancy. This can be filled by co-option.

If you can offer some time, share your particular knowledge and experience and get involved in areas of interest and concern, our younger villagers are always welcome and would be fully supported and training will be given. **Please** consider joining the Parish Council.

Applicants must be over 18 and live or work in the village.

If you would like further information or to apply contact the Clerk: Marilyn Bottomley
Phone 01284 789303 email Marilyn.bottomley@btinternet.com

OR contact one of the parish councilors.

# TOSTOCK VILLAGE HALL YOUR VENUE



Competitive Rates of Hire
Round Tables
Insured for up to 120 people
Good Parking Marquees available for hire

Contact Doreen Buckle on 270605 or tostocktvh@hotmail.co.uk to reserve it for your Event

? HOW ? WHEN ? WHAT ?
NEED ? ? ? WHY
SOME ADVICE?



The Citizens Advice Bureau now have advice sessions 9.30 to 12.30

On the first and third Tuesdays at the Blackbourne Centre in Elmswell.

A trial period of these sessions for 6 months has been supported by

Elmswell Parish Council and Elmswell Fire Crew.

Advice session are open to all and no appointment is necessary

you can just come along for a chat, or

appointments can be arranged via the CAB Stowmarket office

advice@midsuffolkcab.org.uk.

**NUMBER 13** 

Not all of my future editions will involve the countryside there will be odd times when day to day circumstances force me to change my mind, this is one such time. Two editions ago I spoke about being on a high and on top of the world. When we are on a high we tend to boast about it and advertise the fact but it's a different scenario when we drop to an all time low, we become reclusive, we shut away and don't want to talk about it. I am not exactly on a low but there could be someone out there who is, or are alone. I always think that the middle of January onwards can start to get you down. It's a bit like the day after the night before feeling. Especially after the greatest birthday party on earth, followed by the New Year celebrations. The long dark winter nights and the short days of sunlight, grey skies, the cold, bleak, windy, sometimes damp weather and the bare lifeless scenery don't help. Anyhow I do not wish to depress anybody any further on the contrary, try and cheer us all up by offering some hope and inspiration. I was attending a funeral more recently when I came across a religious poem "Footprints in the sand" by Mary Stevenson. I don't know why it took 70 years of my life for me to find this poem, so I hope you will all enjoy it and realise how relevant it is. But before doing so there is quite a fascinating and controversial story attached to the poem, which I found out about on the official website operated by the estate of Mary Stevenson. First of all here is the story followed by the poem.

"Footprints in the sand" has been seen in print by people the world over since the 1940's. All that time no author has been credited with this immortal work only author anonymous has appeared at the bottom. This website was created to bring to light the story behind Footprints in the sand and its author Mary Stevenson. For many years hand written copies were distributed by Mary to those who needed something to give them comfort at a low point in their lives. It was sometime after this that friends of Mary saw it in print and wondered why she wasn't given credit for writing it. An attorney at that time told her that it would be very hard to prove her the author since it had been used by many publishers of religious materials and greeting cards. Mary wrote Footprints in 1936 when she was very young and knew nothing of copyrighting, discouraged she didn't pursue it any further. In 1984 while cleaning out her garage to move from her house, in a small suitcase among her other poems she rediscovered a very old handwritten copy which she thought was lost. It was one of the copies Mary had made and dated 1939 just three years after she wrote the original. Later that year the U.S copyright office awarded her a copyright for "Footprints in the sand" 48 years after it was written. It was another 11 years before her handwritten copy was authenticated by a forensic specialist as to its age. Margaret Fishback-Powers and many others have tried to falsely claim authorship but none can show significant prove such as this.



#### "Footprints in the sand"

One night I dreamed I was walking along the beach with the Lord

Many scenes from my life flashed across the sky

In each scene I noticed footprints in the sand

Sometimes there were two sets of footprints

Other times there were one set of footprints





This bothered me because I noticed

That during the low periods of my life,

When I was suffering from

Anguish, sorrow or defeat,

I could see only one set of footprints

So I said to the Lord,

You promised me Lord,
That if I followed you,
You would walk with me always.

But I have noticed that during the most trying periods of my life
There have only been one set of footprints in the sand.

Why, when I needed you most, you have not been there for me?
The Lord replied,

'The times when you have seen only one set of footprints my child Is when I carried you'

Very intriguing, I do hope this poem has some impact

## Is your garden all work?

We **design** and **build** gardens for easier maintenance and all year round interest

Contact Jane Hamblin at

**1359 231344** 

www.landarmydesigns.co.uk

## Clare Graves

IIHHT, BABTAC, Established 2000

Aromatherapy Massage, Hot Stone Massage & Reflexology

Treatments in a dedicated therapy room designed with relaxation in mind

50% off your first treatment

www.claregraves.co.uk

Email: clare.graves@yahoo.co.uk

Tel: 01449 736 703 Mob: 07798 732 736



CJ Computer
Services.

- Repairs
- Upgrades
- Custom Built Computers
- Reasonable Charge
- On Site Services
- Fully Insured
- Fully Qualified
- One to One Tuition
- Wireless Broadband Set-Up and Secured.
- Lap-top Sales

**Tel: Chris: 01359 271772 Mobile: 07717604180**www.cjcomputerservices.biz



## **G.L.Cars**

BRAND NEW PURPOSE
BUILT MOT & SERVICING CENTRE
CAR SALES PLUS CAR &VAN HIRE.

All makes + Servicing & Repairs

MOT's Class IV & VII
A quality service at affordable prices.

**OPENING TIMES - MOT & SERVICING** 

Mon-Fri 7.30am – 5.30pm Sat 7.30am-12.00pm

Telephone: 01359 271180

G.L. Cars Ltd, The Office, Place Farm, Church Road, Tostock Bury St. Edmunds IP30 9PG glcars@btconnect.com

#### PRESSED NOT STRESSED

If you're fed up with ironing

Or just don't have the time

Then I can help





Please call 07785755165

#### SPANISH

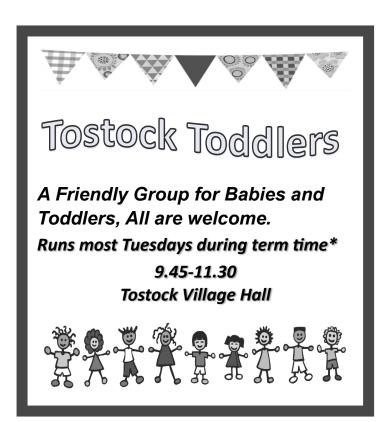


Can you order your "cerveza, vino y tapas"?



I CAN TEACH YOU!

Phone Andrea Alderton on 01449 736955





## **Grange Butchers**

#### **Opening Times**

MON : 08.30-13.00 TUES : 08.30-17.30 WED : 08.30-13.00

THURS: 08.30-17.30 FRI: 08.30-17.30

SAT : 08.30-16.00 SUN : CLOSED QUALITY MEATS FOR THE HOME AND CATERER.

AWARD WINNING SAUSAGES.

FARM SHOP FOR YOUR FRUIT & VEG.

Keith Gooch, Grange Farm, Woolpit. 01359 241467



Email: Elmswell.Pest.Control@gmail.com

Call: 07596 172761

Domestic and Commercial premises

No job too small - Contracts welcome

Effective control solutions for:

✓ Insects

✓ Wasps

✓ Ants

✓ Rodents

✓ Moles

✓ Hornets

✓ Birds etc....



Gardener and garden maintance. Shed erecting, Lawns and patios Fencing, Chimney sweep Painting and Decorating General garden tidy up

Handyman- internal/external

07864548933 / 01359760388 velcrow63@yahoo.com



#### Green Matters caters for domestic and commercial clients offering:

\*Grass cutting \*Maintaining \*Pruning

Fully insured.

\*Planting \* Garden clearance

Registered with the

\* Hedge cutting

environment agency

\* Advice on all aspects of your garden

**Contact Chris Watson:** 

07941 640560 / 01359 270833

christopher.watson194@googlemail.com

#### PILATES CLASSES IN WOOLPIT

Do you suffer from back pain, have shoulder, neck, knee or hip issues? Are you feeling your age or just want to be more flexible and toned?

**Body Control Pilates Instructor** 

Small classes, a maximum of 8 clients per class, remedial based exercises. Studio at The Woolpit Osteopaths

For further information regarding Pilates and testimonials please look at www.midsuffolkpilates.com

**Or call Claire Day on 07803 615 444** 

# TIM MOLL ARCHITECTURE

Call or email now to make a FREE initial appointment...



01359 270841 or 07818 087280 enquiry @timmollarchitecture.co.uk

rom Garden Rooms and Extensions
to Full Renovation and New Build.
Advice offered to home or
plot buyers on maximising potential
and increasing living space.
Flexible service to suit your needs.

www.timmollarchitecture.co.uk

Tim Moll Achitecture, Strawberry cottage, Norton Rd, Tostock, IP30 9PT

## Rothwell's Carpet Cleaning

Thorough, professional cleaning of Carpets, Upholstery, Natural Stone, Tile & Grout and Rugs.

Customer testimonials @ www.rothwells.biz

If you use us, you'll recommend us.

- · Truck mounted cleaning system
- · We carefully move all furniture
- · Family firm est 1993 (not a franchise)
- · Fully insured
- Great customer service
- · 100% satisfaction or its free



Phone 07545 962 026 01223 832 928



# IGS

## **Ticehurst Gravel Supplies**

Established Over 40 Years

## Deliveries of:

Sand

Gravels

Ballast

Type 1

Soil

Cement Bags

Crushed Materials

Prompt, friendly, local delivery service

Telephone: 01359 270757, 07980 602285

## D.B.L. GARDEN SERVICES



Philip Jull

Tel.: 07834 237330



e-mail: dblgardenservices@gmail.com

Gardening and maintenance services

for Bury St Edmunds and surrounding villages



Find us on: facebook.

## **APNWARDROBES**

# MADE TO MEASURESLIDING WARDROBE SYSTEMS SUPPLIED & FITTED







MAKE 100% USE OF SPACE
A WIDE RANGE OF FINISHES
INTERIORS TO SUIT YOUR NEEDS

FLOOR TO CEILING
WALL TO WALL
ANGLED CEILINGS

ANDY NICE
ON

10 YEAR GUARANTEE www.apnwardrobes.co.uk 01359 271727

PHONE

PLEASE MAKE ALL CHEQUES PAYABLE
TO: TOSTOCK PARISH COUNCIL.
Enquires: Miss J. Wheeler,
The Old Post Office, The Green,
Tostock, Bury St Edmunds,
Suffolk IP30 9NY.

Your Business

In The Classifieds

SINGLE ENTRY (FOR ONE EDITION): £7.50

ONE YEAR (FOR SIX EDITIONS): £30.00

Charges For Advertising in The

Tostock Chronicle.

Tel : 01359 270278.

## CHIMNEY SWEEP

#### ECO SWEEP

CHIMNEY SERVICES

NEW POWER SWEEPING METHOD

USED FOR A MORE THOROUGH CHIMNEY CLEAN THAN BRUSHES

INDUSTRIAL HEPA FILTERED VACUUM

**FULLY INSURED** 

INSURANCE RECOGNIZED CERTIFICATES ISSUED

SPOTLESS, RELIABLE AND FRIENDLY SERVICE

ALL CHIMNEYS, WOODBURNERS, AGA, BOILER FLUES SWEPT

GUILD OF MASTER SWEEPS
CERTIFICATED MEMBER

TEL: (01359) 232335



## M & M Cars

**Thurston** 

Personal Chauffeur.

For all your Travel needs
either a trip to the doctors, hospital,
Bury St. Edmunds or a long distance to
the Airport, Seaport or any Special
Occasion.

Just phone Mark on:

07775507535 / 01359 231544

For a Free Quotation.

Email: mnmcars@gmail.com

 $Bury\ St\ Edmunds-Thurston-Beyton/Norton-Woolpit-Elmswell-Wetherden-Haughley-Stowmarket-Mendlesham$ 

#### Route <u>Monday to Friday (excluding Bank Holidays)</u>

Bury St Edmunds, Bus Station	0925	1125	1325	1610	1740
Bury St Edmunds, St Andrews Street South, Arc	0927	1127	1327	1	1742
Bury St Edmunds, opp West Suffolk Hospital	0930	1130	1330	1	1745
Moreton Hall, Bedingfield Rd, opp Sainsbury's	0935	1135	1335	- 1	1750
Tostock, The Green, Gardners Arms	0959	1159	1359	1624	1814
Woolpit, The Street, opp Business Park	1003	1203	1403	1628	1818
Woolpit, The Street, Post Office	1004	1204	1404	1629	1819
Elmswell, School Road, Shop Corner	1	1209	1409	1634	1824
Stowmarket, Tot Hill, Narey's Garden Centre	1014	1224	1424	1649	1839
Stowmarket, Bury Rd, Violet Hill Rd	1017	1227	1427	1652	1842
Stowmarket, Bury Street, Card Centre	1020	1230	1430	1700	1845
Stowmarket, Railway Station	1025	1235	ı	ı	ı

#### Saturdays only

Bury St Edmunds, Bus Station	0855	1125	1345	1610	1740
Bury St Edmunds, St Andrews Street South, Arc	0857	1127	1347	1612	1742
Bury St Edmunds, opp West Suffolk Hospital	0900	1130	1350	1615	1745
Moreton Hall, Bedingfield Rd, opp Sainsbury's	0905	1135	1355	1620	1750
Tostock, The Green, Gardners Arms	0929	1159	1419	1644	1814
Woolpit, The Street, opp Business Park	0933	1203	1423	1648	1818
Woolpit, The Street, Post Office	0934	1204	1424	1649	1819
Elmswell, School Road, Shop Corner	0939	1209	1429	1654	1824
Stowmarket , Tot Hill, Narey's Garden Centre	0954	1224	1444	1709	1839
Stowmarket Bury Rd, Violet Hill Rd	0957	1227	1447	1712	1842
Stowmarket, Bury Street, Card Centre	1000	1230	1450	1715	1845
Stowmarket Railway Station	1005	1235	1455	1720	-

#### Monday to Friday (excluding Bank Holidays)

<del></del>							
Stowmarket Railway Station	-	-	-	1050	1250	1450	1650
Stowmarket, Market Place, outside Argos	0625	0745	0855	1055	1255	1455	1655
Stowmarket Bury Rd, Violet Hill Rd	0627	0747	0857	1057	1257	1457	1657
Stowmarket , Tot Hill, Narey's Garden Centre	0630	I	0900	1100	1300	1500	1700
Elmswell, School Road, Shop Corner	0645	I	0915	1115	1315	1515	1715
Woolpit, The Street, Post Office	0650	0800	0920	1120	1320	1520	1720
Woolpit, The Street, opp Business Park	0651	0801	0921	1121	1321	1521	1721
Tostock, The Green, Gardners Arms	0655	0805	0925	1125	1325	1525	1725
Moreton Hall, Bedingfield Rd, opp Sainsbury's	0720	I	0950	1150	1350	- 1	1753
Bury St Edmunds, opp West Suffolk Hospital	0726	I	0956	1155	1355	- 1	1758
Bury St Edmunds, St Andrews Street South, Arc	0731	I	1001	1201	1401	I	1803
Bury St Edmunds, Bus Station	0735	0830	1005	1205	1405	1540	1805

#### Saturdays only

Stowmarket Railway Station	-	1050	1320	-	
Stowmarket, Market Place, outside Argos	0855	1055	1325	1605	
Stowmarket Bury Rd, Violet Hill Rd	0857	1057	1327	1607	
Stowmarket , Tot Hill, Narey's Garden Centre	0900	1100	1330	1610	
Elmswell, School Road, Shop Corner	0915	1115	1345	1625	
Woolpit, The Street, Post Office	0920	1130	1350	1630	
Woolpit, The Street, opp Business Park	0921	1121	1351	1631	
Tostock, The Green, Gardners Arms	0929	1125	1355	1635	
Moreton Hall, Bedingfield Rd, opp Sainsbury's	0950	1150	1420	1703	
Bury St Edmunds, opp West Suffolk Hospital	0956	1155	1425	1708	
Bury St Edmunds, St Andrews Street South, Arc	1001	1201	1431	I	
Bury St Edmunds, Bus Station	1005	1205	1435	1715	

#### \*NB PLEASE NOTE THIS NOT ORIGINAL

There are more stops

(It has been amended for convenience)

#### <u>DATES TO REMEMBER</u> <u>February 2017</u>

#### Tuesday 7<sup>th</sup>



Past & Present: - AGM + Dr Helen Geake

Archaeology found by the public: local finds from Suffolk

7.30pm - Village Hall

Wednesday 22<sup>nd</sup>



Book group - Lucky Dip At Jo Johns at 8pm.

\*\*\*\*\*\*\*\*\*\*\*

#### March 2017



Saturday 4<sup>th</sup>

Casino Night— Fun and Games

7.15pm for 7.30pm start -Village Hall

#### Tuesday 7<sup>th</sup>



Past & Present: - Alison Brain

Funding and Supporting a Ugandan Orphanage

7.30pm - Village Hall

#### Wednesday 8<sup>th</sup>



Parish Council Meeting 7.30pm - Village Hall

#### Wednesday 22<sup>nd</sup>



Book group - Mr Mac and Me by Esther Freud
8pm - Romney Cottage

\*

#### **April 2017**

Tuesday 4<sup>th</sup>

Past & Present: - Mike Levy

From Hitler to Hi di Hi (Rescuing Jewish Children)

7.30pm - Village Hall

Wednesday 19<sup>th</sup>
Parish Council Meeting

7.30pm - Village Hall

NEXT ISSUE: For the months of April & May 2017

Entries for the next chronicle must reach Jean Wheeler at the Old Post Office OR

email: shirley.nice@btinternet.com Before 22<sup>nd</sup> MARCH 2017

if you use e-mail PLEASE use Microsoft Word if possible.

Any item received after **22<sup>nd</sup> MARCH WILL NOT** be published.

When designing your articles please bear in mind that (at present) the publication is printed in black and white. If anyone has some good tips/interesting stories/charity/fundraising missions etc. and would like to share, please

#### <u>REGULARS</u>

#### **Brownies**

Monday evenings

#### **Toddlers**

Tuesday \*except 2<sup>nd</sup> 9.45-11.30

#### Rainbows

Wednesday evenings

#### Bowls

Thursday evenings 7.30pm

#### Coffee mornings

\* 2nd Tuesday 10.30 -12noon

#### Past & Present

1st Tuesday 7.30pm

#### **Bingo**

last Tuesday of the month 2.30-4pm

all held at the village hall